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Mini Stepper

Brand: NRS Healthcare
Product Code: VP159T
Availability: 20
Weight: 7.00kg
Tax: VAT 20% Applied

Price: £64.36

Short Description
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The Mini-Stepper is ideal if you are keen to exercise from the comfort of your own home. Using the pedals provides strength training and exercise for the legs, hips and buttocks, while your arms and upper body muscles can be targeted with the removable latex expander bands (training ropes), featuring comfortable hand grips. Simple to use from a seated or standing position and compact enough to store easily under a bed or in a wardrobe when not in use, the Mini-Stepper features an LED display so you can track your exercise time, calories burned, steps per minute and total number of steps in each exercise session.

- Offers Upper and Lower Body Workout
- Strong, Anti-Slip Pedals and High Quality Spring
- Ideal for Private Exercise at Home
- LCD Screen with Time, Calories and Step Counter
- Includes Soft-Grip Resistance Bands for Arms

- Depth (mm): 470
- Height (mm): 370

- Width (mm): 230
- Product Dimensions (mm): 370x230x470
- Net weight (kg): 7
- Batteries: 1xAAA (not supplied)
- Colour: White/Blue
- Maximum User Weight (kg): 90
- Packing: Retail Box

Product Gallery