**MARK'S MOBILITY Sales & Repairs - 52 Satchfield Crescent, Henbury, Bristol BS10 7BG, UK**

**Phone: 0117 9155253 - Email: sales@marksmobility.co.uk**

# Foam Squeeze Stress Ball



**Brand:** Aidapt
**Product Code:** VM708/VM708A
**Availability:** 20
**Weight:** 0.03kg

## Price: £4.49

**Short Description**
The Squeeze Ball (or Stress Ball as they're often called) is great for physical therapy and rehabilition.

**Description**
The Squeeze Ball (or Stress Ball as they're often called) is great for physical therapy and rehabilition. They can be used to strengthen the hand, wrist and forearm and improve grip and flexibility. They can also be used to aid relaxation and provide stress relief by simply squeezing and breathing deeply - perfect in a stressful work environment or if you are giving up smoking, for example. Ideal if you have smaller hands, or have difficulty in gripping a larger size, the Squeeze Ball (Stress Ball) from Aidapt is available in two colours and makes an ideal gift.

- Available in 2 cheerful colours!
- Can help to strengthen grip and improve flexibility
- Also useful as a relaxation aid or to relieve stress
- Smaller size is perfect for petite hands and weakened grips
- Ideal for rehabilition, exercise and physical therapy

| | VM708 | VM708A |
|---|---|---|
| **Net weight (kg)** | 0.025 | 0.025 |
| **Colour** | Orange | Green |

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|---|---|---|
| **Diameter (mm)** | 50 | 50 |
| **Main body material** | PU Foam | PU Foam |

Read more about VAT Exemption…

**Product Gallery**





